How To Choose Mountain Bike Grip Adhesive

Whether you are a pro or amateur mountain bike rider, you have probably come across a repeatable problem, and that it slipping or moving of the bike grips.

Additionally to the comfort and control they provide during riding, they should also be firmly attached to the handlebar so there is no movement during riding.

The grips tend to move during the ride, and the material which they are made from is at least a little bit slippery.

But no worries- the bikers found a solution and that grip adhesive or grip glue. It prevents grips and your hands from slipping so you can enjoy your ride in nature.

When choosing a mountain bike grip glue you should keep a couple of things in minds. **Choose mountain bike grip adhesive glue that withstands heat, that is clear with a quick curing time, that allows reapplication, and is durable.**

## What Is Mountain Bike Grip Adhesive?



**A mountain bike grip adhesive is** a type of glue that you put either on the inside or the outside area of your mountain bike grips.

This kind of adhesive is specially designed to reduce slippage between the bike grips and the handlebar. It can be any kind of matter, as long as it is sticky and keeps your grips in place.

There are glues that are specifically made for mountain bike grips, and there are also some adhesives and other mediums that you can use as glue, which you can find in every household.

## Types of Mountain Bike Grip Adhesive

Over the years, manufacturers have produced matters that can act as bike grip adhesives. Moreover, bike riders have come across solutions of their own to prevent grips and hands from slipping.

There are not many types of bike grip adhesives. **Grip glue and contact adhesive are the most common types of mountain bike grip adhesives.**

**The advantages of grip glue are** that you can find them in any bike store, it is easy to use and has a couple of alternatives. **The advantages of contact adhesive are** that your hands will not slip from the grips and, like the grip glue, has many alternatives.

### Grip Glue

Grip glue is a type of glue specially made for sticking mountain bike grip to the handlebars. Grip glue keeps your grips tightly attached to the handlebar. There are numerous brands to choose from. It is very easy to use- just put some glue on the inner part of the grips and stick onto the handlebars.

However, when purchasing keep in mind the material from your grips are made of so as to choose glue that is suitable for that particular material. There is also multi-purpose glue and it works with any kind of grip material.

### Contact Adhesive

Contact adhesive is a type of adhesive that is applied to both surfaces, allowed to dry and provides a permanent bond when you apply proper pressure. They are used in various applications, since they bond to different materials.

All you have to do is apply the adhesive on both materials, let it dry for a couple of seconds and connect the two. When using contact adhesives, one should be careful when placing the two surfaces on one another, as they there is no way to move the surfaces around once they have made contact.

There are also contact adhesives that take longer to dry. This means that when you apply the adhesive on the surfaces you can connect them immediately and still move them around if you are not satisfied with the position.

They come are available in a liquid form with the liquid being either solvent or water. Solvent systems can either be flammable or inflammable. These products can be applied both by spray or brush.

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| Mountain Bike Adhesive Types | Pros | Cons | Amazon Product (Link) | Price |
| Grip Glue | Easy to use, holds firmly | Grips can loosen up after some time | [Loctite Heavy Duty Threadlocker](https://www.amazon.com/Loctite-Heavy-Duty-Threadlocker-Single/dp/B000I1RSNS/ref=sr_1_10?dchild=1&keywords=mtb+grip+glue&qid=1620852022&sr=8-10) | $5.97 |
| Contact Adhesive | Holds firmly, durable | Hard to reposition once it is glued | [Gorilla Clear Grip Contact Adhesive](https://www.amazon.com/Gorilla-Clear-Contact-Adhesive-Waterproof/dp/B06WGSRM4Z/ref=sr_1_3?dchild=1&keywords=Contact%2BAdhesive&qid=1620852173&sr=8-3&th=1) | $8.13 |

## How to Choose Mountain Bike Grip Adhesive

Now, before you go on and buy a grip adhesive, you have to know what kind of mountain bike grips you own and the material they are made from. You should either buy a grip adhesive that is specially made for that particular material, or purchase a multi-purpose one.

Apart from this, there are a few things to keep in mind- buy a glue that withstands heat, is clear, has quick curing time, allows reapplication and is durable.

### Choose Adhesive Glue that Withstands Heat

Since you are a mountain bike rider, you probably ride on different terrains and in different weather conditions, so heat and rain are not unusual for you. It is important to pick a grip adhesive that withstands heat, as when you are riding on a hot summer’s day, and in the middle of the ride your grips start to get loose, you will have a problem. You will lose control over your bike and can injure yourself. So as to avoid crashing your bike and getting hurt, buy grip glue that is repellent to heat.

Also, it would be good that it is repellent to moisture. If your grips start sliding off on a rainy day that would cause you big problems.

### Choose a Clear Adhesive

Grip adhesive come in different color, but mostly black, white and clear. The does not determine the quality of the glue, but if you want a less messy job then choose a clear grip adhesive.

When you use a clear grip adhesive the aftermath does not show that anything has been glued or fixed. It leaves a neat finish without any messiness.

With white and especially black grip adhesives you have to be very careful while putting them on the grip or handlebar, and not to get any of the glue on your hands. This is because when you are working with the grips, you can transfer the glue from your hands onto the grips and handlebar and that will leave a messy look.

### Choose an Adhesive with a Quick Curing Time

Some grip adhesive products work faster than other to adhere, when you are installing grips on your handlebar. The curing time is how long it takes for the glue to set before you can safely ride your mountain bike.

Some products adhere to the bar within 24 hours, but some take less time than that. Choose an adhesive that when you apply glue to the grips and set them on the handlebar, it takes no longer than 5 hours to adhere. That way you do not have to change your grips a day or two before you go on a ride, you can do it in a single day.

Like mentioned before, some adhesives, like the contact adhesive, stick the moment you connect the two surfaces and it is almost impossible to move them, and some take a couple of minutes to dry and adhere, so when you connect the two surfaces you can adjust them to the right position. It is crucial to put your grips into the right position and is comfortable for you.

### Choose an Adhesive that Allows Reapplication

Grip adhesives have various consistencies and it depends on the brand. Some are thick while some are watery. This can either ease or harden the application process. Furthermore, you should purchase a grip adhesive that allows reapplication, and that depends on the consistency and ingredients as well.

Sometimes, even with the best grip glue, your grips can loosen up and you have to glue them again. When doing this, make sure that you remove the previous glue with sand paper and some alcohol-based liquid so you have a new, smooth surface to glue it again. Even with the best grip glues there is always residue on the grips which you have to clean.

### Choose a Durable Adhesive

To save yourself from gluing and fixing up your grips every once in a while, buy a grip adhesive that is durable. This might be the most important thing of all. This is particularly important if you live in an area with frequent weather changes or where there is a lot of sun and heat. This can cause the glue to degrade over time.

Both the grip glue and the contact adhesive are durable, but it really depends on the brand.

## Recommended Grip Adhesives

Here are three recommended grip adhesives.

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| Product from Amazon | Why Is This a Good Grip Adhesive? | Price |
| [Gorilla Clear Glue](https://www.amazon.com/Gorilla-Clear-Glue-ounce-Bottle/dp/B07GQ1CT47/ref=pd_di_sccai_5?pd_rd_w=BDqk8&pf_rd_p=c9443270-b914-4430-a90b-72e3e7e784e0&pf_rd_r=P53PWMPW5W8YMFH4HZKA&pd_rd_r=1312d506-3c4b-4f5f-b18f-5d595d5b2db5&pd_rd_wg=DJcaY&pd_rd_i=B07GQ1CT47&psc=1) | Used by many mountain bikers, durable, clear | $9.94 |
| [Three Bond 3-Bond Grip Glue](https://www.amazon.com/Three-Bond-3-Bond-Grip-Glue/dp/B000WK6WAK/ref=sr_1_4?dchild=1&keywords=renthal+grip+glue&qid=1620901101&sr=8-4) | Ideal for cold and hot weather, high strength | $17 |
| [Loctite Heavy Duty Threadlocker](https://www.amazon.com/Loctite-Heavy-Duty-Threadlocker-Single/dp/B000I1RSNS/ref=pd_vtp_1?pd_rd_w=O4ZkJ&pf_rd_p=96226b5f-2d9a-439b-be45-97603787c682&pf_rd_r=Y37WYE3CMQMF9W6ZFHCQ&pd_rd_r=927348ed-6fa2-4a1d-8b64-ea163b8e3ade&pd_rd_wg=y16YI&pd_rd_i=B000I1RSNS&psc=1) | Durable, allows reapplication | $5.97 |

## Alternatives to Using Grip Adhesives

If there isn’t a place near you where you can get grip glue, there are a lot of alternatives which you probably already own. Here we will mention some of them. **Alternatives to mountain bike grip adhesive include** hair spray, double stick tape and isopropyl alcohol.

### Hair Spray

Believe it or not, but hair spray is an excellent alternative to grip glue. While it is wet, hair spray acts as a great lubricant and you will slide the grips on the handlebars with ease. Spray it on the handlebars, slide the grips on, press them and leave them overnight. They will become sticky and adhere to the handlebars very well.

### Double Stick Tape

You can buy double stick tape in every hardware store and it works like a charm. Wrap the tape around both handlebars, but make sure there are not any empty spaces. Use two strings of tape if you have to. When you are done with wrapping, put the grips on, press them firmly and it is done. This may not be as effective as some other glue alternatives, but if you combine it with other products, like alcohol or gasoline, the grips will not move for a long time.

### Isopropyl Alcohol

Isopropyl alcohol is also a good alternative. Before using it, make sure that the bars and the inside of the grips are very clean and neat. Then spray the bars and the inside of the grips with isopropyl alcohol. The grips will easily slide on. After you install your grips, let them dry overnight so they stay put.

All of these methods mentioned can be used with one another and other products to secure your grips. Some other alternatives are spray paint, super glue, wire and gasoline.

## Benefits of Using Mountain Bike Grip Adhesive

**The benefits of using mountain bike grip adhesive include** safety, it is user-friendly, affordable and it does not damage your bike.

### Guarantees Safety

The adhesive that is already on your mountain bike grips can start to wear down over time. This leads to your grips slipping and apart from making your ride unenjoyable, you can get hurt. With grip glue you can strengthen the grips every time you feel they are getting loose and avoid injuries and worries during your ride.

### User-Friendly

Another benefit is that you do not have to waste your time and money at a bike service to get your grips fixed, you can do it at your home. It is very simple to apply. Just follow the instructions and you will have no problems. Everything can be done in a matter of minutes.

### Affordable

Grip glue will not empty your pocket. The best mountain bike grip glue does not cost much, just a couple of dollars. Even with reapplication every, for example, 2 to 3 months, one tube will last you probably a whole year. If you do not get an adhesive specially made for mountain bike grips, you can use alternatives which you doubtlessly already own.

### No damage

None of the grip glues or alternatives will damage you grips or handlebar. All of them are reusable. But before reapplying some of them, clean both the handlebars and grips very well, so you have a smooth surface to apply the adhesive.